

Esthétique

A T Q E H E A L T H

Appearance Medicine

Clinically Advanced Dermal and Beauty Therapies

Esthétique (FR)
from Ancient Greek
αἰσθητικός (aisthētikós,
"of sense perception"),
from αἰσθάνομαι
(aisthánomai, "I feel").

A whole new pathway to appearance medicine and beauty therapy, tailored just for you...

All under-pinned and guaranteed by 75 years of clinical and holistic healthcare at QE Health Wellness and Spa.

Our treatments are only administered by specially trained nurses and dermal therapists.

ADVANCED SKINCARE

Bespoke skin treatment programs. We practice slow beauty with prescribed skin treatments. A sequence of treatments is recommended for best results.

SKIN CONSULTATION AND DIAGNOSIS

Please arrive with clean, make up free skin. We will only recommend treatments after this assessment.

15 mins / Free

MEDICAL GRADE FACIALS USING ASPECT DOCTOR™

Our Aspect gold facials all come with a Customised Infusion Mask, an infusible plant based gel mask with extracts of soy infused with serum concentrate/s as required for the condition being treated. An advanced transdermal delivery vehicle specifically engineered to rapidly transport actives into the skin.

Serum Concentrate/s

- Vitamin C Concentrate: Enhances surface skin health and hydration. Lightens the appearance of discolourations.
- Brightening Concentrate: Clinically proven to fade the look of age spots and tan discolorations.
- Purifying Concentrate: Clinically proven to help mattify skin and diminish the appearance of blemishes.

THE GOLD HYDRATION INTENSE FACIAL

A deeply hydrating, antioxidant facial treatment for all skin types in need of a little TLC. An ideal skin conditioning treatment suitable for dehydrated and sensitive skin or skin needing intense hydration.

45 mins / \$100

THE GOLD MEDI-DETOX FACIAL

A deep cleansing detoxifying facial treatment for impure, oily, clogged and congested skin types. Includes steam, extraction and a luxurious massage leaving you cleansed, relaxed and pampered.

60 mins / \$120

DERMAL PEELS

To address skin concerns ranging from rough, dull lifeless skin to sun damage, ageing, hyperpigmentation, congestion, and oily problem skin. Used in conjunction with a prescribed homecare regime, peels are extremely effective performed as a course of treatments. Aspect Dr™ Clinical Skin Peels are clinical-strength, results-orientated corrective treatments and far superior to any ordinary facial in terms of truly visible results and long term durability. Your therapist will tailor your peel to suit your individual needs. All peels include :

- In depth consultation
- Skin analysis
- High performance cosmeceuticals and cutting edge technology
- Dermal peel (as advised by dermal clinician)

45 mins / \$150 (initial appointment)

30 mins / \$120 (follow up)

LACTOBOTANICAL PEEL

The Lactobotanical Peel series is exclusively available to medically affiliated practices. Powerful, yet gentle, so suitable for even the most sensitive skins and guarantee exceptional results every time.

COMPLETE PIGMENT PEEL

This combines the powerful skin renewal and clarifying action of clinical strength alpha and beta hydroxyl acids to lift away the accumulated layers of dull, discoloured cells. And the remarkable skin whitening action of optically pure Vitamin C and Tyrostat™, an organic herbal compound aka Rumex Occidentalis from the North Canadian prairies. Truly remarkable and unique breakthrough clinical treatments that rapidly clear away the appearance of unsightly marks to visibly restore clarity to your complexion so that it appears to glow from within.

VITA A PEEL

Clinically proven, retinoid-mimicking algae Lana Blue, milk derived L-Lactic Acid, and botanical calmatives working tandem to deliver the most spectacular anti-ageing and skin refining results in record time.

Fine lines, wrinkles, dull, rough and lacklustre skin texture, visible pores, minor discolorations and muddy complexions or time damaged skins will all surrender to this powerful rehab program.

BACK FACIAL

Rejuvenate and clear tough-to-reach areas, targeting a variety of skin care needs such as clogged pores, back acne, and dehydrated skin.

Steam | Extraction | Customized Mask 30 mins / \$70

Option to add on Dermal Peel 30 minutes / \$80

RESULTS FOCUSED SKIN TREATMENTS

MICRO- DERMABRASION

Deep skin exfoliation with micro crystals, revealing brighter, fresher skin. **30 mins / \$70**

LED OPERA MASK

Painless and non-invasive light therapy. Ideal for healing acne and skin rejuvenation. **30 mins / \$70**

COLLAGEN INDUCTION

Micro needling to increase Collagen production. Improves skin texture, lines and wrinkles. All Collagen Induction treatments come with complementary Sonophoresis treatment, to deeply penetrate hydrating serums into the skin and reduce redness after induction.

Face only 30 mins / \$130

Neck, Décolletage only 30 mins / \$130

Face, Neck and Décolletage 45 mins / \$180

Face, Neck And Décolletage
with Led Mask 75 mins / \$220

POWER TRIO

First, remove dead skin with a Microdermabrasion, then rejuvenate cells with LED and finally we use Sonophoresis to plump up the skin and ensure penetration of active serums by up to 200-400%. As well as a good amount of pampering to leave you feeling relaxed and refreshed. **75 mins / \$150**

EYE CELL

Eye Rolling maximizes the result of growth factors, botanical stem cell extracts, and bio-peptides to improve dark circle, eye bag puffiness, and wrinkles. This maximizes the absorption of active ingredients into the skin. Treatment includes take home kit with 30 treatments. **15 mins / \$280**



ADD ON TO ANY TREATMENT

Face Massage (not with Collagen Infusion or clinical peel).	\$30
Arm, leg or head massage.	\$30
Shape and Polish, fingers or toes.	\$30
Microdermabrasion (not with Collagen Infusion or clinical peel) 30 mins /	\$40
Sonophoresis.15 mins /	\$30
LED Light Mask15 mins /	\$30
Eye cell15 mins /	\$220
Steam and Extraction.15 mins /	\$30

SKIN RESULTS COURSE

Complimentary skin care kit or product with each course of treatment.	
LED Opera Mask6 treatments	\$375
Microdermabrasion6 treatments	\$375
Collagen induction	
Face only 6 treatments	\$700
Neck/Décolletage only 6 treatments	\$700
Face, Neck, Décolletage 6 treatments	\$970
Face, Neck, Décolletage, LED . . .6 treatments	\$1185
Clinical Peel	
60 minute initial appointment and six follow up appointments.	\$675
Six x 30 minute appointments	\$645

BOTOX

BOTOX® Cosmetic targets one of the underlying causes of frown lines and crow's feet—the repeated muscle contractions from frowning and squinting over the years. Your specialist will inject these muscles with BOTOX® Cosmetic to temporarily reduce muscle activity. You will begin to notice a visible smoothing of your crow's feet lines and frown lines between your brows. [Price on application, following your free consultation.](#)

Botox® is a Prescription Medicine containing 100 units of botulinum toxin type A for injection. It is used for the treatment of frown lines, forehead lines and crow's feet. It should be administered only by trained medical professionals. Talk to your specialist about the benefits/risks of this procedure in appearance medicine. Cautions: People with defective neuro-muscular transmission disorders, infection at site of injection, glaucoma, pregnancy and lactation. Possible side effects include headaches, pain, burning/stinging, bruising, swelling or redness at the injection site, local muscle weakness including drooping eyelids/eyebrows, swollen eyelids, skin tightness, tingling sensations, itchiness, nausea and flu like symptoms. If you have any side effects or concerns speak to your doctor. You will need to pay for this medicine. Normal Doctors visit fees apply. Note: BOTOX® treatment lasts about four months and after this time further courses of treatment may be necessary. Speak to your specialist about your own situation.



JUVEDERM

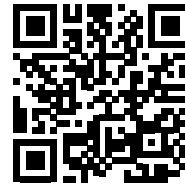
Lift and contour cheeks, smooth lines and folds, plump lips and smooth vertical lip lines. [Price on application, following your free consultation.](#)

JUVÉDERM VOLUMA® XC injectable gel is for deep injection in the cheek area to correct age-related volume loss in adults over 21. JUVÉDERM VOLLURE™ XC injectable gel is for injection into the facial tissue for the correction of moderate to severe facial wrinkles and folds (such as nasolabial folds) in adults over 21. JUVÉDERM® XC injectable gel is for injection into the facial tissue for the correction of moderate to severe facial wrinkles and folds (such as nasolabial folds). JUVÉDERM® Ultra XC is for injection into the lips and perioral area for lip augmentation in adults over the age of 21. JUVÉDERM VOLBELLA® XC injectable gel is for injection into the lips for lip augmentation and for correction of perioral lines in adults over the age of 21.

GEOHERMAL SPA

We Also Offer A Full Range Of Geothermal Spa Therapies – Massage, Mud, Geothermal Waters And Paraffin Wax Treatments For Hands And Feet.

See the website for more:
www.qehealth.co.nz/Geothermal-Spa



Coming in 2018...

- Juvederm Facelift
 - Cosmetic Tattooing
- See the website for the latest information:
www.qehealth.co.nz/Esthetique

WE ACCEPT ALL MAJOR CREDIT CARDS, FARMERS FINANCE CARD AND Q CARD



BEAUTY THERAPY

EYES

Eyebrow Tint	15 mins / \$17
Eyebrow Shape	15 mins / \$22
Eyelash Tint	15 mins / \$25
Brow/Lash Shape And Tint Combo	30 mins / \$48
Eyelash Extension	60 mins / \$89
Lash Lift	45 mins / \$69

HANDS

Express Shape And Polish	30 mins / \$39
Express Shape And Polish (With Gel Removal).	45 mins / \$45
Gel Removal Only.	15 mins / \$12
Gel Polish.	45 mins / \$45
Gel Polish (Including Removal).	60 mins / \$55
Nail Art With Gel Polish	60 mins / \$55
Deluxe Manicure (have your hands lovingly caressed in warm paraffin wax with this manicure)	60 mins / \$65

FEET

Toenail Clip	15 mins / \$17
Express Pedicure.	30 mins / \$39
Pedicure.	60 mins / \$69
Deluxe Pedicure with Paraffin Wax	90 mins / \$85

WAXING

Lip Or Chin	15 mins / \$17
Lip And Chin	30 mins / \$26
Under Arms	15 mins / \$20
Chest Or Back	30 mins / \$39
Bikini	15 mins / \$25
G String	15 mins / \$40
Brazilian – First Time	60 mins / \$68
Brazilian – Maintenance	45 mins / \$45
Leg Wax- Half	30 mins / \$35
Leg Wax – Full.	45 mins / \$55
Combo – ½ Leg, Bikini, Under Arm.	45 mins / \$65

ST TROPEZ SPRAY TAN

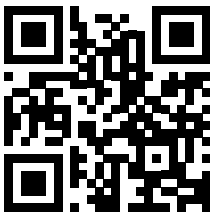
Half Body	15 mins / \$29
Full Body	30 mins / \$49
Full Body (With specialised St Tropez body polish to prepare the skin)	60 mins / \$99




THE QE STORY

With its origins as a convalescent hospital for Kiwi soldiers returning from WWII, QE Health has a rich heritage in holistic wellness and healthcare. It is embedded in our DNA.

QE Health Wellness Centre is a geothermal medical spa offering rehabilitation and pain management programmes. We have a fully equipped gym and fitness classes along with physiotherapy, psychology, dietetics, occupational therapy, orthotics, wellness for cancer and a fracture liaison service – all under one roof.

The approach to health care and well being has always been holistic. Our therapists are highly qualified and very experienced.




-  QEWellnessSpa
-  QEhealth
-  QEhealthSpa



Open 7 days, 9am–7pm

Corner of Fenton and Whakaue Streets,
Rotorua, New Zealand

On the shores of Lake Rotorua,
3 minutes walk from Rotorua iSite  **site**

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 www.qehealth.co.nz/esthetique